Pediatric Advanced Life Support

Child CPR and AED Skills Testing Checklist (1 of 2)

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Student Name _____ Date of Test _____

Directions: In groups of 3 or 4 students, assign a CPR Coach for each group. The CPR Coach will perform the role of the AED/Monitor/Defibrillator and will not switch from that position. Have groups perform 5-minute rounds of CPR with at least 1 Compressor switch. Total number of 5-minute intervals is equal to the number of students in the group. Ensure that every student has a chance to practice the CPR Coach role.

Hospital Scenario: "You are working in a hospital or clinic, and you see a child who has suddenly collapsed in the hallway. You check that the scene is safe and then approach the patient. Demonstrate what you would do next."

Prehospital Scenario: "You arrive on the scene for a child who is not breathing. No bystander CPR has been provided. You approach the scene and ensure that it is safe. Demonstrate what you would do next."

Assessment and Activation

- ☐ Checks responsiveness
- ☐ Shouts for help/Activates emergency response system/Sends for AED
- ☐ Checks breathing
- ☐ Checks pulse

Once student shouts for help, instructor says, "Here's the barrier device. I am going to get the AED."

Student must complete 2 cycles of CPR (30:2, approximately 1 minute) as a single rescuer before the second rescuer and CPR Coach arrive to help.

Cycle 1 of CPR (30:2) ***CPR feedback devices are required for accuracy****

Child Compressions

☐ *Performs high-quality compressions:

- Hand placement on lower half of sternum
- 30 compressions in no less than 15 and no more than 18 seconds
- Compresses at least one third the AP diameter of the chest, approximately 2 inches (5 cm)
- Complete recoil after each compression

Child Breaths

☐ Gives 2 breaths with a barrier device:

- Each breath given over 1 second
- Visible chest rise with each breath
- Resumes compressions in less than 10 seconds

Cycle 2 of CPR (repeats steps in Cycle 1) ***Only check box if step is successfully performed***

☐ Compressions ☐ Breaths ☐ Resumes compressions in less than 10 seconds

Rescuer 2 says, "Here is the AED. I'll take over compressions, and you use the AED."

AED (follows prompts of AED)

- ☐ Powers on AED
- ☐ Correctly attaches pads
- ☐ Clears for analysis
- ☐ Clears to safely deliver a shock
- ☐ Safely delivers a shock

Resumes Compressions

☐ Ensures that compressions are resumed immediately after shock delivery

- Student directs instructor to resume compressions *or*
- Second student resumes compressions

(continued)

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Child CPR and AED Skills Testing Checklist (2 of 2)

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Student Name _____ Date of Test _____

(continued)

STOP TEST

Instructor Notes

- Place a check in the box next to each step the student completes successfully.
- If the student does not complete all steps successfully (as indicated by at least 1 blank check box), the student must receive remediation. Make a note here of which skills require remediation (refer to instructor manual for information about remediation).

Test Results Check **PASS** or **NR** to indicate pass or needs remediation:	☐ **PASS**	☐ **NR**

Instructor Initials _____ Instructor Number _____ Date _____

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